MANOR JUNIOR PRIMARY SCHOOL MENU

DATES : 2ND NOVEMBER, 16TH NOVEMBER, 30TH NOVEMBER, 14TH DECEMBER, 11TH JANUARY, 25TH JANUARY, 8TH FEBRUARY, 1ST MARCH, 15TH MARCH.

WEEK ONE

MIGHTY MONDAY	TASTY TUESDAY	GO GREEN WEDNESDAY	THURSDAY ROAST	FRIDAY FUN DAY
MAINS Crunchy Veggie Burger with Potato Wedges (G, SE) Beef Burger with Potato Wedges (SO, SU, G, SE)	**MAINS** Full of Beans Chilli Tacos with Steamed Rice (MU) Beef Tacos with Steamed Rice (MU)	**MAINS** Crispy Margherita Pizza (G, MK, SO) Homemade Tomato Sauce & Pasta (G, MU, SO)	**MAINS** Golden Vegetable Filo Parcel (G, L, MU, SO) Traditional Roast Chicken (NO ALLERGENS)	**MAINS** Garden Vegetable Bites (NO ALLERGENS) Classic Fish Finger (F, G)
SIDE Sweetcorn & Peas	**SIDE** Broccoli & Peas	**SIDE** Green Beans & Sweetcorn	**SIDE** Mash Potatoes (MK) Steamed Cauliflower & Peas Yorkshire Pudding (G, MK, E) Gravy	**SIDE** Oven Baked Chips Peas
DESSERT Fresh Fruit (NO ALLERGENS)	**DESSERT** Berry Jelly (NO ALLERGENS)	**DESSERT** Apple and Cinnamon Crumble With Custard (G, SO, E, MK)	**DESSERT** Oat & Beetroot Cookie (G, SO)	**DESSERT** Fresh Fruit (NO ALLERGENS)

AVAILABLE DAILY

- Rolls Selection
- Freshly Baked Bread
- Low fat Yoghurts
- Locally sourced salad bar
- Seasonal Fresh Fruit

V: VEGETARIAN
VE: VEGAN PLANET FRIENDLY

THEME DAYS :

NOVEMBER
9th Nov to 13th Nov 2026
National School Meal Week

DECEMBER
Christmas Lunch

JANUARY
21st January 2027
Census Day
- RSPB Big Garden Birdwatch

FEBRUARY
1ST FEBRUARY 2027
Chinese New Year

MARCH
4th March 2027
World Book Day

APRIL
W.C. 22nd APRIL '27
Easter Lunch

ALL MEAT PRODUCTS SERVED ARE HALAL/NON-HALAL

ALLERGEN INFO

CE = CELERY	E = EGGS	G = GLUTEN	MK = MILK	MU = MUSTARD	P = PEANUTS	SO = SOYA
CR = CRUSTACEAN	F = FISH	L = LUPIN	MO = MOLLUSCS	N = NUTS	SE = SESAME SEEDS	SU = SULPHITES

MANOR JUNIOR PRIMARY SCHOOL MENU

DATES : 9TH NOVEMBER, 23RD NOVEMBER, 7TH DECEMBER, 4TH JANUARY, 18TH JANUARY, 1ST FEBRUARY, 22ND FEBRUARY, 8TH MARCH, 22ND MARCH.

WEEK TWO

	MIGHTY MONDAY	TASTY TUESDAY	GO GREEN WEDNESDAY	THURSDAY ROAST	FRIDAY FUN DAY
MAINS	Creamy Veggie Chickpea & Steamed Rice (V) (G, SO, MK) Cheesy Chicken Pepper & Bean Quesadilla with New Potatoes (G, MK)	Wholesome Mac & Cheese (V) (MK, G, SO) Chicken Bites With Wholemeal Tomato Pasta (G, MU, SO)	Crispy Margherita Pizza (V) (G, SO, MK) Homemade Tomato Sauce & Pasta (G, MU, SO)	Golden Crunchy Squash Fillet (G) Traditional Roast Chicken (NO ALLERGENS)	Mighty Veggie Nuggets (G, SO) Salmon and Sweet Potato Fishcake (F, G)
SIDE	Sweetcorn & Peas	Green beans & Peas	Coleslaw & Sweetcorn	Roast Potatoes (G) Cauliflower & Carrots Yorkshire Pudding (G, MK, E) Gravy	Oven Baked Chips Peas
DESSERT	Fresh Fruit (NO ALLERGENS)	Peach Jelly (NO ALLERGENS)	Chocolate & Beetroot Brownie (MK, G, SO, E)	Fresh Fruit (NO ALLERGENS)	Orange Shortbread (G, SO)

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